

Rice, Pea & Corn Salad



Serves 2 **Prep 5 mins**

Cooking 10 mins

Easy

Ingredients

1 x 130g boil-in-the-bag rice
1/4 cucumber
2 radishes (optional)
4 cherry tomatoes
100g frozen peas
100g frozen sweetcorn
4 tsp extra virgin olive oil
2 tsp lemon juice

1. Cook the rice according to packet instructions. At the same time cook the peas and the sweetcorn for about 3 mins.
2. Wash and chop the cucumber, radishes (if using) and tomatoes
3. Whilst the rice is still hot, stir in the peas and sweetcorn and leave to cool while you prepare the dressing
4. Put the oil and the lemon juice into a screw top jar with a drop of cold water, season to taste, put on the lid and shake to combine the ingredients
5. Pour a little of the dressing over the rice, add the chopped vegetables and toss gently. Serve straight away with the rest of the dressing in an airtight container